The overall goal of Life Story Work is to help people to piece together a complete narrative of their lives. This includes their life history and information about relatives, friends, carers, places lived and key life events, as well as personal achievements. Life Story Work may also help people to plan for their future as a result of understanding their past and the effect that it has had on them.

Topics covered in this course:

- What is life story work and why is it needed?
- How to complete life story work?
- What is included in life story work?
- Why do young people experiment with alcohol?
- How can you support children who participate in life story work?

For further information on the content of this course and the learning outcomes, please contact AC Education on 01923 850408 or at contact@ac-education.co.uk