Brain patterns formed in the early years are set in place before we become thinking creatures. If a child has insecure attachments, they may turn to maladaptive behaviours. Learn how you can work with and help them.

Topics covered in this course:

- What are adaptive and maladaptive behaviours
- What are the different eating disorders
- Which substances are misused by children and young people and why?
- How can you help those with eating disorders who self-harm or misuse substances?

For further information on the content of this course and the learning outcomes, please contact AC Education on 01923 850408 or at contact@ac-education.co.uk